

Strengthening Young People Against Anxiety

A Karen Young **Live Webinar** event for
Catholic School Parents

Tuesday 5 August, 2025
7.00-8.30pm

Click on the link to register:

[https://us02web.zoom.us/webinar/
register/WN_1F2ru7CCQy-Ey1hGpbn-vw](https://us02web.zoom.us/webinar/register/WN_1F2ru7CCQy-Ey1hGpbn-vw)

* After registering, you will receive a confirmation email
containing information about joining the webinar.

A recording of the webinar will be available for 3 days
to registered participants only.



About Karen Young

Karen Young began her career as a
psychologist in private practice and is now
recognised as a leading authority on child
and adolescent anxiety.

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Catholic School Parents
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